

CB-BK WE1 2026: Session: 3: COACH evaluation sheet for TEAM: SCC

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: ZERAIDI Hassan

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 21: 100M BREASTSTROKE WOMEN 13-14							Heat:1, starttime: 11:36		
Heat: 1/9 Lane : 5 Athlete: FAUCK ALBANE							Q-time: 01:27:18		
PB (50m pool): 01:27.93 La Louvière 08/02/2026							PB (25m pool): 01:30.19SB: 01:27.93 La Louvière 08/02/2026		
	5 0 M		1 0 0 M						
PB	00:40.88		01:27.93						
	00:40.88		00:47.05						
									

Coach feedback:

Event number: 22: 1500M FREESTYLE MEN 13-14							Heat:1, starttime: 11:53	
Heat: 1/3 Lane : 6 Athlete: ZERAIDI ZAKARIA							Q-time: 19:41:63	
PB (50m pool): 20:33.34 Ottignies Louvain-La-Neuve 25/01/2026PB (25m pool): 20:34.95SB: 20:33.34 Ottignies Louvain-La-Neuve 25/01/2026								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:35.91	01:16.08	01:56.60	02:37.00	03:18.67	03:59.37	04:40.09	05:20.66
	00:35.91	00:40.17	00:40.52	00:40.40	00:41.67	00:40.70	00:40.72	00:40.57
								

	4 5 0 M	5 0 0 M	5 5 0 M	6 0 0 M	6 5 0 M	7 0 0 M	7 5 0 M	8 0 0 M
PB	06:01.86	06:43.37	07:24.76	08:06.50	08:47.93	09:29.80	10:11.93	10:54.28
	00:41.20	00:41.51	00:41.39	00:41.74	00:41.43	00:41.87	00:42.13	00:42.35
								

	8 5 0 M	9 0 0 M	9 5 0 M	1 0 0 0 M	1 0 5 0 M	1 1 0 0 M	1 1 5 0 M	1 2 0 0 M
PB	11:35.89	12:18.47	13:00.62	13:42.40	14:24.57	15:07.22	15:49.11	16:30.47
	00:41.61	00:42.58	00:42.15	00:41.78	00:42.17	00:42.65	00:41.89	00:41.36
								

	1 1 5 0 M	1 3 0 0 M	1 3 5 0 M	1 4 0 0 M	1 4 5 0 M	1 5 0 0 M	
PB	17:11.92	17:54.15	18:35.48	19:15.91	19:55.80	20:33.34	
	00:41.45	00:42.23	00:41.33	00:40.43	00:39.89	00:37.54	
							

Coach feedback: